

We now have even more Targeted Red Light Therapy options to provide relief from these and other symptoms.

Red light therapy is a non-invasive, general wellness treatment that uses low wavelength red light.

Red light and near-infrared light therapy can benefit virtually every system of the body and can even improve the way you look.

Treatments typically last about 20 minutes per session.

Devices may be placed directly on your body or a few inches away.

Call (218) 724-3400 today to schedule an initial appointment to see if Red Light Therapy may be an option for you.